

**EXERCISE ROOM AND EQUIPMENT USE  
Legal Waiver**

The undersigned person, in exchange for temporary use of the exercise room and equipment of \_\_\_\_\_, for the undersigned's personal benefit, does (and on behalf of all heirs, executors, administrators, successors and assigns) hereby agree to **waive any and all claims arising from the undersigned's use of the exercise room and equipment**. The **undersigned assumes the risk** associated with the equipment use, room use and acknowledges the implicit risk associated with exercise in general and this exercise equipment in particular.

The undersigned **also agrees to shall defend and indemnify** \_\_\_\_\_ and his/her/their/its agents, heirs, executors, administrators, successors or assigns from any and all claims, demands, causes of action, damages or suits at law and equity of whatsoever kind, including, without limitation, medical expenses, loss of services, compensation, cost and any other expenses on account of or in any way related to or growing out of any and all usage of the exercise room and equipment by the undersigned and his / her heirs, executors, administrators, successors and assigns.

This document has been read and signed this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_.

Signature \_\_\_\_\_  
(print name here \_\_\_\_\_)

Parental Guardian if Under 18

Signature \_\_\_\_\_  
(print name here \_\_\_\_\_)